

Summer/Fall 2006

KCCRB NEWSLETTER

Kentucky Community Crisis Response Board

Pine Hill Plaza, 1121 Louisville Road, Suite 2

Frankfort, KY 40601

24-Hour Response Line: 888-522-7228

IN THIS ISSUE:

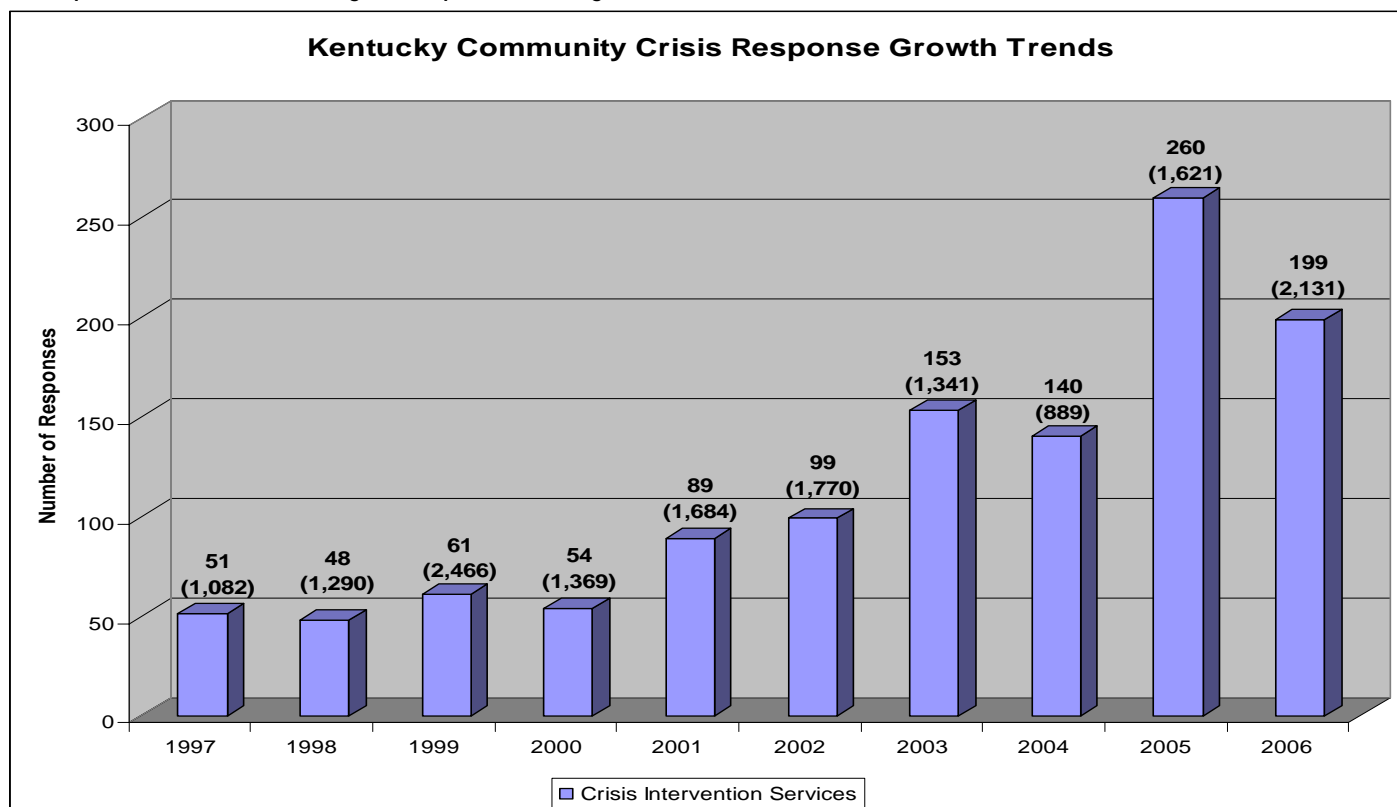
- **From the Director**
 - **KCCRB FY06 Annual Report**
- **Team Page**
 - Regional Team Meetings
 - Regional Team Coordinators
- **Training Page**
 - Training Scheduled for next Fiscal Year
 - Regular Training Calendar
 - Psychology of Disaster & Terrorism

From the Director

FY 2006 Annual Report

The KCCRB credentials and maintains a statewide team of 250 trained professional volunteer responders and deploys rapid response teams to crisis and disaster sites. The Kentucky Community Crisis Response Team (KCCRT) provides multi-component crisis intervention services statewide, and is available 24 hours a day, seven days a week.

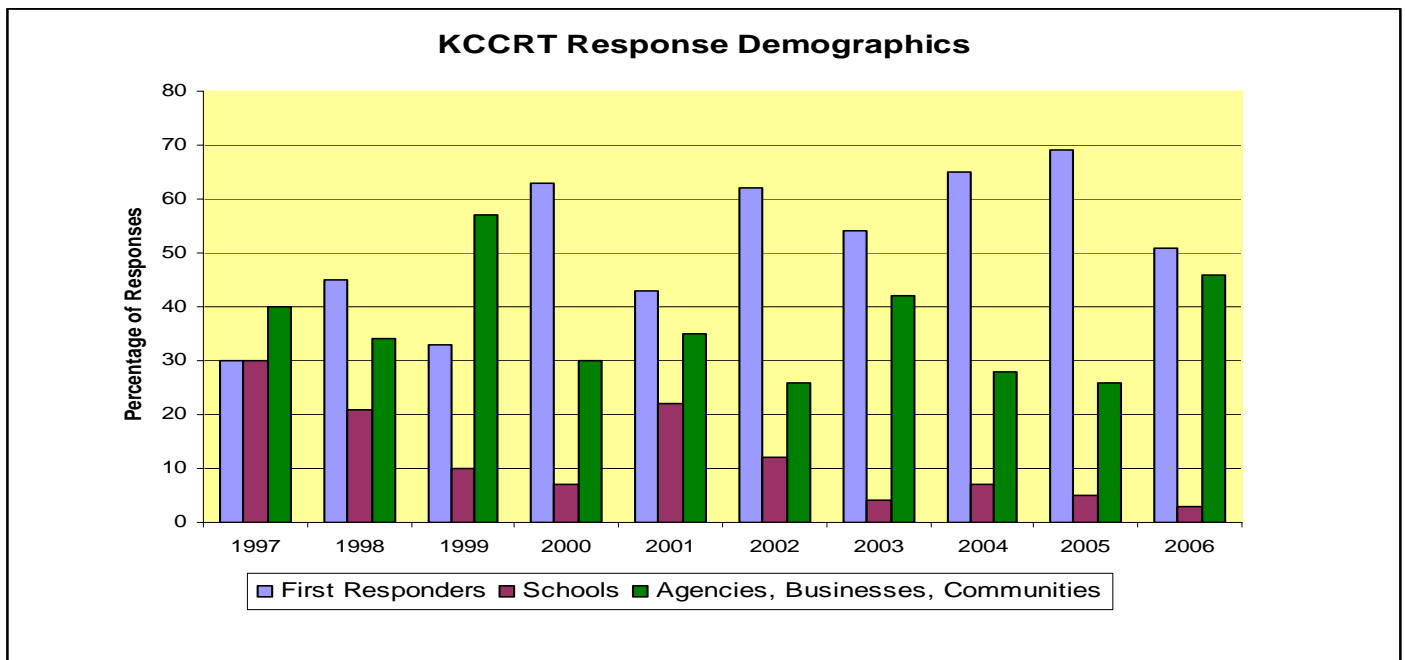
Critical incident responses include events impacting first responders, schools, businesses, organizations, and communities. In fiscal year 2006, KCCRT provided services following 199 responses serving a total of 2,131 individuals across the Commonwealth.



NOTE: Number of persons served in parentheses (above).

Rev. 7/18/06





KCCRB provides crisis intervention and psychological first aid training through a variety of courses. In fiscal year 2006, KCCRB trained 1,958 individuals through 483.65 hours of training.



Disaster Behavioral Health Preparedness Grant

KCCRB, for the fifth consecutive year, received a **Disaster Behavioral Health Preparedness Grant** from the Kentucky Department for Public Health (DPH)/ Health Resources and Services Administration (HRSA) for response readiness in the event of disasters and catastrophic events. As a major deliverable, KCCRB updates and delivers in collaboration with DPH, a course designed to teach the definitions and psychological effects of disaster and terrorism. The Psychology of Disaster and Terrorism (PDT) course covers topics including understanding the need for psychological first aid after a disaster or terrorist event, knowledge of common stress reactions, understanding basic principles of early interventions and risk communication, understanding the purpose and use of Informational Briefings (IB). This course was updated for the new fiscal year to include information on Pandemic Influenza, Hurricane Katrina, SARS and other catastrophic events. With the new updates the course has also been renamed to better fit the course content as the Psychosocial Effects of Disasters and Catastrophic Events. The course offers CEU's for CADAC, KPA, LMFT, Nursing, EILA, and Social Work.



In fiscal year 2006, KCCRB, in collaboration with the Department of Public Health, trained 212 individuals in PDT. KCCRB increased the number of Regional Team Coordinators from 18 to 22, providing coverage in 12 of the 14 KyEM Areas.

KCCRT Protocols & Procedures were revised as support documents for the Administrative Regulations under development.

The KCCRT ALL Hazards Field Manual was developed utilizing best practices from the field of disaster behavioral health (SAMHSA). Regional Team Meetings were held in all 14 areas, and utilized as a training and distribution point for the KCCRT ALL Hazards Field Manual.

Eastern Kentucky University - KY Foster and Adoptive Parent Training Support Network: On November 9, 2005, KCCRB received notice of subcontract approval from the Kentucky Cabinet for Health and Family Services. The subcontract provided Individual Crisis Intervention Training with annual update training for the Kentucky Foster and Adoptive Parent Training Support Network. Training was conducted on April 21-22, 2006 and update training was held on June 10, 2006.

KCCRB, as the state lead disaster behavioral health coordinating agency, procures and administers FEMA Immediate and Regular Services crisis counseling grant applications on behalf of the survivors of disasters across the Commonwealth of Kentucky.

KCCRB closed out programmatic and fiscal portions of FEMA DR-1604 in November of 2005. Due to the unusual nature of Hurricane Katrina, KCCRB found itself serving an evacuee population from other states affected by the disaster as well as Kentucky-based responders returning from activation in storm ravaged areas of the Gulf Coast. KCCRB provided crisis-counseling oversight of the Kentucky response to Hurricane Katrina serving 3,679 survivors and community representatives through individual crisis counseling, in-person brief contacts, telephone contacts, and presentations to schools, health care clinics, agency networks, and other local and regional social service agencies.



On November 15, 2005 extreme fall storms tore across western Kentucky producing heavy amounts of rainfall, tornadoes, and damaging winds resulting in loss of life and personal injury, significantly affecting the community of Benton in Marshall County, Madisonville and Earlinton in Hopkins County. KCCRB secured 100% federally funded FEMA grants of \$64,046.05 for crisis counseling outreach services following these storms. FEMA funded crisis intervention programs in Kentucky are known as Project Recovery.

Project Recovery (FEMA DR-1617 ISG: November 2005-January 2006) provided outreach to 2,885 survivors and community members impacted by the Western Kentucky tornado through individual crisis counseling, brief contacts, and presentations to schools, health care clinics, agency networks, and other local and regional social service agencies.

Team Page



Distribution of KCCRT ALL Hazards Field Manual

From December 16, 2005 to April 30, 2006 regional team meetings were held for all fourteen regions in the state. The *KCCRT ALL Hazards Field Manual* was introduced through an overview and then distributed to team members at these meetings. The *KCCRT ALL Hazards Field Manual* was developed for use by KCCRT/Disaster Outreach Personnel for early phase response to a terrorist or mass-trauma event - helping individuals and communities heal by fostering resiliency.

If you did not attend one of these meetings, and do not have your copy of the manual, contact CJ Wright.

Upcoming Regional Team Meetings Soon To Be Announced

These quarterly meetings are important for team building and networking, education, and the distribution of any updated materials. Having the opportunity to meet and work together in simulating interventions will enhance the effectiveness of regional team responses. Just a reminder that time spent at team meetings counts toward ongoing education hours.

KCCRT Regional Team Coordinators

Region 1	Shawn Bixler & John Runyon
Region 2	Tim Davis
Region 3	Robert Carter & Paula McCaghren
Region 4	Lynda & Robert Simpson
Region 5	Karl Lusk & Keith Taylor
Region 6	Pam Fleitz, Mike Freville & Ken Nichter
Region 7	Mike Downer & Charles Williams
Region 8	In Process
Region 9	Tom Adams, Rebecca Bauder & Robert Kerr
Region 10	In Process
Region 11	Debra Anderson & Barry McDonald
Region 12	Charles David Hawk
Region 13	Ryan Good
Region 14	KCCRB

KCCRT NEWS Around the Regions

- **Bill Deutsch** (Firefighter/Chaplain - Region 13) is recovering from a heart attack and surgery.
- **Dan Ennis** (Fire Chaplain - Region 6) is recovering from a hospital stay from what had been thought to be a heart attack.
- **Bueford Stapleton** (Fire Chaplain - Region 5) is currently in the hospital and needs prayers.
- **Lynda Simpson** (Coordinator – Region 4) is recovering from rotator cuff surgery.
- **Patrick Montague** has resigned as one of the Region 6 Coordinators due to family commitments. Thanks Patrick for all your work with the KCCRT!
- **Tim Davis** (Coordinator - Region 2) was accosted by a deer and had a close encounter with wild turkeys while waiting to meet with his team on a response. (I won't go in to all the details, but the story is a hoot! You'll have to ask Tim!)

Training Page

Two new courses are offered this year: *Strategic Response to Crisis* and *Advanced Pastoral Crisis Intervention – PCI-II*. Pastoral Crisis Intervention – PCI-I is a prerequisite for PCI-II.

Strategic Response to Crisis Strategic planning and tactical decision-making are emphasized, as are rationales for choosing one set of crisis intervention processes over another. Participants will complete a series of exercises designed to sharpen their assessment and crisis planning skills. This course builds confidence that crisis interventionists will make the right choices of interventions for the populations they are assisting under specific circumstances.

At the conclusion of this course, participants will be able to: Define strategic planning as it applies to crisis intervention; Outline the elements of the National Incident Management System and relate those elements to crisis intervention; Describe a comprehensive, integrated, systematic and multi-component crisis intervention program; Participate actively in a planning process designed to assist the participants in assessing target populations and in determining the type, timing and resources necessary to assist large numbers of people involved in a crisis; and Choose from a list the most important crisis intervention tactics to apply in a simulated complicated or large scale crisis event. (\$150; 14 Contact Hours)

Prerequisite: This advanced course requires knowledge and experience in the theories and interventions acquired through: 1) Individual Crisis Intervention, Group Crisis Intervention, Psychological First Aid training and field experience in order to engage in planning and tactical decision-making.

The ***Pastoral Crisis Intervention II*** course builds on the foundations of "Pastoral Crisis Intervention I" course. More specific advanced concepts and field applications where pastoral crisis intervention is applied will be covered. Upon completion of this course, participants will be able to: describe the stages of spiritual development; understand Theodicy; discuss the principles of spiritual first-aid; and recognize and understand the impaired pastoral crisis interventionist.

Prerequisite: "Pastoral Crisis Intervention I" course. Confirmation of full attendance in "Pastoral Crisis Intervention I" is a prerequisite to attend this class. A copy of your certificate for "Pastoral Crisis Intervention I" must be submitted with your registration. (\$150; 13 Contact Hours) Two-day course.

PLEASE NOTE deadline dates for all courses. The LATE FEE applies to anyone registering after the deadline date, including Team Members who are planning to audit a course. It is in the best interest of all involved that you register as early as possible.

Courses have been scheduled through December 2007!

Plan now to continue updating your knowledge and skills! See the last two pages for Course Schedule and Registration.

Psychosocial Effects of Disasters & Catastrophic Events

October, 2006

Sparta, KY

Tentative

The Preparedness program offers the – Psychosocial Effects of Disasters & Catastrophic Events- A Trained Community Crisis Responder Course (TCCR).

This two-day training on the "Psychosocial Effects of Disasters & Catastrophic Events" is offered at no cost and will include information on the following topics: types of trauma caused by disaster, phases of disaster, and risk factors that make disasters and terrorist events psychologically toxic for survivors and responders. Participants will learn the factors and situations that influence psychological response; assessment of community needs; effects of terrorism before, during and after impact; types of terrorist agents (CBRNE) and the psychological reactions likely with each. Participants will learn the types of crisis intervention and behavioral health services applicable in the aftermath of disaster and terrorism, and will practice numerous interventions. Recent innovations in service delivery as a result of mass terrorism and disaster will be presented. The Oklahoma City bombing, September 11, 2001 attacks, Pandemic Influenza, Hurricane Katrina, and SARS will be used as case studies, and students will participate in a variety of small group learning exercises and scenarios.

Who Should Attend? First Responders, Emergency Management, School Personnel, Nurses, Physicians, Behavioral Health Professionals, Public Health Dept. Representatives, Local Community Agency Representatives, Community Leaders.

Registration: To register for the **Psychosocial Effects of Disasters & Catastrophic Events** course please visit: <http://www.train.org/>

Continuing Education Units (CEU) – Certificates: 14 hours of continuing educational units are provided as follows:

- Public Health Certificate: Nursing and Social Work.
- KCCRB Certificate: CADC, Educational Leadership (EILA), Marriage & Family Therapists, Psychologists, Professional Counselors and Professional Art Therapists (KPA).

Go to <http://kccrb.ky.gov/> to see the current listing of courses scheduled.

2006 SCHEDULED COURSES

- ☐ July 25-26 **School-Centered Crisis Response**
Location: Woodford Co. Middle School
100 School House Road, Versailles
Deadline: July 7 Cost: \$150
- ☐ Aug. 21-22 **Pastoral Crisis Intervention II NEW!**
Location: Church of Incarnation
2229 Lower Hunters Trace, Louisville
Prerequisite: Pastoral Crisis Intervention (PCI)
Deadline: Aug. 1 Cost: \$150
- ☐ Sept. 14-15 **Individual Crisis Intervention & Peer Support**
Location: Middletown FD., 108 Urton Ln., Louisville
Deadline: Aug. 25 Cost: \$150
- ☐ Oct. 12-13 **Group Crisis Intervention**
Location: Middletown FD., 108 Urton Ln., Louisville
Deadline: Sept. 22 Cost: \$150
- ☐ Nov. 13-14 **Strategic Response to Crisis**
Location: Middletown FD., 108 Urton Ln., Louisville
Deadline: Oct. 23 Cost: \$150
- ☐ Dec. 4-5 **Pastoral Crisis Intervention I**
Location: Middletown FD., 108 Urton Ln., Louisville
Deadline: Nov. 20 Cost: \$150

2007 SCHEDULED COURSES

Course locations will be announced Fall 2006:

March 2007	Pastoral Crisis Intervention II
April 2007	Individual Crisis Intervention & Peer Support
May 2007	Group Crisis Intervention
June 2007	Strategic Response to Crisis
July 2007	School-Centered Crisis Response
August 2007	Pastoral Crisis Intervention I
Sept. 2007	Individual Crisis Intervention & Peer Support
Oct. 2007	Group Crisis Intervention
Nov. 2007	Strategic Response to Crisis
Dec. 2007	Pastoral Crisis Intervention II

Current KCCRT Member Rate: \$50 per course.

COURSE REGISTRATION FORM

I am registering for the following course (s):

Date	Course	Date	Course
_____	_____	_____	_____
_____	_____	_____	_____

Enclosed is a check/money order for: \$_____ for the above course(s) and a late fee of \$25 (if not postmarked by deadline date).

NOTE: Payment must accompany Registrations. Make checks payable to: Kentucky Community Crisis Response Board (KCCRB)

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Work Phone: _____ Extension: _____ Home Phone: _____

Email Address (for course information & announcements): _____

Agency: _____

Discipline (check all that apply):

- | | | | | |
|--|--|------------------------------------|---|--|
| <input type="checkbox"/> Behavioral Health | <input type="checkbox"/> Disaster | <input type="checkbox"/> Education | <input type="checkbox"/> Emergency Mgt. | <input type="checkbox"/> Faith-Based |
| <input type="checkbox"/> EMS/EMT/Para | <input type="checkbox"/> Fire Service | <input type="checkbox"/> Hospice | <input type="checkbox"/> Military | <input type="checkbox"/> Law Enforcement |
| <input type="checkbox"/> Massage Therapist | <input type="checkbox"/> Public Health/Medical | | <input type="checkbox"/> Other _____ | |

Kentucky Community Crisis Response Team (KCCRT) Member:

- ☐ Yes ☐ No

PRINT FORM. Make a copy for your records and return Registration Form with Payment to:

Kentucky Community Crisis Response Board
Pine Hill Plaza, 1121 Louisville Rd. Ste 2, Frankfort, KY 40601-6169
Office: (502) 607-5781 Fax: (502) 607-5780
Email: kccrb@ky.ngb.army.mil Website: <http://kccrb.ky.gov>

REGISTRATION POLICY

Registration: Registering for a course requires the submission of a completed registration form and full payment for the course. If you are unable to attend a course after registering, your payment will become a credit for a future course. No refunds will be given. If an agency/ organization pays the registration costs, the credit may be used for any person from that organization.

Payment: Payment must be in the form of check or money order. No purchase orders will be accepted.

Late Fee: Completed course registration AND payment MUST be postmarked by the deadline date. Registrations postmarked after the deadline must include an additional **\$25.00** late fee.

Attendance: Registrants must attend the full course in order to get a certificate of completion. Certificates for partial hours will not be issued.

Auditing: Only KCCRT Members who are current may audit a course, and only then if they have previously taken the same course. *Example:* KCCRT Member took Group Crisis Intervention in 1995. He/she may audit the course for full credit. KCCRT Members are encouraged to update skills due to changes in the models and protocol over the years.

Continuing Education Units (CEU): Certificates will be issued from the University of Maryland-Baltimore for all the above courses for the number of contact hours and continuing education units. Kentucky Community Crisis Response Board is approved by the following Kentucky Boards to award continuing education units: Effective Instructional Leadership Act (EIL), Kentucky Board of Licensure of Marriage & Family Therapists, Kentucky Board of Social Work, Kentucky Board of Certification for Professional Art Therapists, and Kentucky Board of Certification for Certified Professional Counselors.

Course Cancellation: In the event of course cancellation by the KCCRB, the KCCRB's liability is specifically limited to refunding the applicable course fees and excludes any incidental or consequential damages.

KCCRT Current Member Rate: \$50 per course.

Course Descriptions

Group Crisis Intervention: Group Crisis Intervention training program is designed to present the core elements of a comprehensive, systematic and multicomponent crisis intervention curriculum. The two day course prepares participants to understand a wide range of crisis intervention services, including pre and post incident crisis education, significant other support services, on-scene support services, crisis intervention for individuals, demobilizations after large scale traumatic incidents, small group defusings and group interventions. The Group Intervention Course specifically prepares participants to provide several of these interventions. The need for appropriate follow up services and referrals when necessary is also described. Considerable evidence gathered to date strongly supports the multicomponent crisis intervention strategy that is discussed in this course. The Group Intervention training is open to any person who wishes to know more about crisis intervention techniques. Emergency services and disaster workers, security, safety, military, industrial and school system personnel, EAPs, human resources personnel, psychologists, social workers, counselors and others can all benefit from the Group Intervention training. (\$150; 14 Contact Hours) Two-day course.

Individual Crisis Intervention and Peer Support: Crisis intervention is NOT psychotherapy. Rather it is a specialized acute emergency behavioral health intervention that requires specialized training. As physical first-aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first-aid." Crisis interventions are typically done individually (one-on-one) or in groups. This program is designed to teach participants the fundamentals of, and a specific protocol for, individual intervention. The audience for this class includes emergency services, military, and business/industrial peer support personnel without formal training in behavioral health, as well as faith-based, behavioral health and school professionals who desire to increase their knowledge of individual (one-on-one) crisis intervention techniques. (\$150; 13 Contact Hours) Two-day course.

Pastoral Crisis Intervention: Pastoral Crisis Intervention (PCI) may be thought of as the combination of faith-based resources with traditional techniques of crisis intervention. PCI represents a powerful addition to traditional community and organizational psychological support resources. The purpose of this two-day workshop is to assist the participants in learning how pastoral interventions and traditional psychological crisis interventions may be effectively integrated. Upon completion of this course, participants will be able to: Demonstrate a familiarity with the psychological interventions as may be applied within a faith-based community; Define concepts of crisis and Critical Incident Stress Management; define Pastoral Crisis Intervention; define the SAFER-R-PCI model; and identify the most appropriate Pastoral Crisis Intervention to use in a given crisis event. Chaplains, pastoral counselors, mental health professionals, ministers, and anyone interested in the use of faith-based resources in crisis intervention should find this course of interest. This course is a prerequisite for Pastoral Crisis Intervention II. (\$150; 13 Contact Hours) Two-day course.

Pastoral Crisis Intervention II: The "Pastoral Crisis Intervention II" course builds on the foundations of "Pastoral Crisis Intervention I" course. More specific advanced concepts and field applications where pastoral crisis intervention is applied will be covered. Upon completion of this course, participants will be able to: describe the stages of spiritual development; understand Theodicy; discuss the principles of spiritual first-aid; and recognize and understand the impaired pastoral crisis interventionist. **Prerequisite:** "Pastoral Crisis Intervention I" course. Confirmation of full attendance in "Pastoral Crisis Intervention I" is a prerequisite to attend this class. A copy of your certificate for "Pastoral Crisis Intervention I" must be submitted with registration. (\$150; 13 Contact Hours) Two-day course.

Responding to School Crises: Educators nationwide and worldwide struggle to establish and manage School Crisis Response Teams in response to the recent escalation in frequency and scope of campus emergencies. Community CISM teams have much to offer, but much to learn about the unique milieu of schools. Similarly, schools can benefit from CISM technology and strategies. This course attempts to develop a common language and approach that fits within the broad goals and specific needs of school crisis management. Working together in multi-disciplinary teams, we explore organizing principles, develop specific skills and culminate in a large incident planning simulation. The Group Crisis Intervention course is recommended as a prerequisite but not required, as an overview of techniques will be provided. (\$150; 14 Contact Hours) Two-day course.

Strategic Response to Crisis: Strategic planning and tactical decision-making are emphasized, as are rationales for choosing one set of crisis intervention processes over another. Participants will complete a series of exercises designed to sharpen their assessment and crisis planning skills. This course builds confidence that crisis interventionists will make the right choices of interventions for the populations they are assisting under specific circumstances.

At the conclusion of this course, participants will be able to: Define strategic planning as it applies to crisis intervention; Outline the elements of the National Incident Management System and relate those elements to crisis intervention; Describe a comprehensive, integrated, systematic and multi-component crisis intervention program; Participate actively in a planning process designed to assist the participants in assessing target populations and in determining the type, timing and resources necessary to assist large numbers of people involved in a crisis; and Choose from a list the most important crisis intervention tactics to apply in a simulated complicated or large scale crisis event. (\$150; 14 Contact Hours) Two-day course.

Prerequisite: This advanced course requires knowledge and experience in the theories and interventions acquired through: 1) Individual Crisis Intervention, Group Crisis Intervention, Psychological First Aid training and field experience in order to engage in planning and tactical decision-making.